

Honorary Counsellor Placements

About the Role

We are particularly keen to encourage applicants who are Trainees or qualified Practitioners who are trained in the following approaches –

- Counselling for Depression (CfD)
- Brief Dynamic Interpersonal Therapy (DIT)
- Interpersonal Psychotherapy (IT)
- Couple Therapy for Depression
- CBT
- Arabic Speaking Counsellors

Counsellors who also have registered with the DBS Update service will also be at an advantage.

We are looking for final year trainees in counselling, psychotherapy or psychology training who have completed a minimum of supervised clinical practice hours. The placement will offer therapeutic experience and the opportunity to learn to work in an integrative short term, solution focused service. It will consist of short term 1:1 counselling and the possibility of co-facilitation of psycho-educational groups as well as linking clients with other services.

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Counsellors who also have registered with the DBS Update service and can offer evening availability will also be at an advantage.

Wandsworth and Westminster Mind's Talking Therapies Services are BACP Accredited. A commitment of 1 day a week is required with flexibility to offer evening slots.

Volunteers benefits include fortnightly group supervision with the placement being normally available for 2 years, with the possibility of extension depending on performance and service need.