**JOB DESCRIPTION**

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| **Job Title:**  | Band 7 MH Nurse/Advanced MH Worker/Social Worker/Psychotherapist/Clinical/Counselling Psychologist/CBT Therapist – Child and Adolescent Mental Health |
| **Grade & Salary:**  | Fixed-term contract until January 2023 with possibility of extension Salary equivalent to NHS Band 7 (Inner London)  |
| **Hours of work:** | Full time (37.5 hours a week)  |
| **Line Management Reports:**  | MHS team members |
| **Accountable to:** | Clinical Team Lead |
| **Functional Responsibility:**  | To provide clinical oversight and management of the Mental Health Support Teams (MHSTs).  |
| **Job Purpose:** | To lead others in the development of knowledge, ideas and work practice. To develop own and others’ knowledge and skills and contribute to the development of practice across professional and organisational boundaries. To maintain and improve quality in all areas of work and practice |

**Job Summary:**

This is an exciting opportunity for a Band 7 Mental Health Nurse/Social Worker/Psychotherapist/Clinical/Counselling Psychologist/CBT Therapist with a background in child and adolescent mental health to work within a multi-disciplinary Mental Health Support Team (MHST) to increase and improve emotional and mental health provision within educational settings for 5-18 year olds in the Central London CCG area. **You will receive training in supervision, provided by King’s College London (KCL) as a part of this job.** You will be pioneering early intervention work within a newly established MHST, which has emerged out of the government’s December 2017 plans: Transforming Children and Young People’s Mental Health Provision: A Green Paper.

The MHST in which you will be working consists of the Project Manager, Clinical Team Lead, Clinical Psychologist, Art Therapist, 8 Education Mental Health Practitioners, 2 Wellbeing Facilitators and 1 Whole School Approach worker. You will be responsible for managing and providing clinical supervision (3-4 team members) to other team members. These team members include the Education Mental Health Practitioners, who will be undertaking their placements within the team, as they are being trained to deliver group and individual low intensity CBT interventions to children and young people. You will receive training in supervision, provided by King’s College London (KCL), to support this area of your work.

You will also work closely with families, as well as colleagues and partners in the Local Authority, CAMHS, educational settings where interventions are being delivered and other relevant mental health providers.

**Main Responsibilities**

**•** Assess and develop evidence-based treatment plans to meet the mild - moderate needs of CYP with a range of emotional and mental health difficulties, involving parents / caregivers within that plan where appropriate / feasible

• Deliver evidence-based early interventions for CYP aged 5-18 with mild – moderate emotional and mental health difficulties

• Routinely measure clinical outcomes, in line with the CYP-IAPT programme

• Provide clinical supervision and management, including support through observations and modelling, to 3 – 4 team members (NHS Band 4 – 5 equivalent), some of whom are undertaking recruit to train placements in CBT evidence-based practice

• Attend clinical supervision

• Attend and complete supervision training programme provided by KCL

• Ensure outcome measures (e.g. CGAS, SDQ, RCADS, PHQ-9, GAD-7, CORE-10, CORS) are routinely embedded in your clinical work and that of those you line-manage

• Keep up-to-date with and utilise relevant theory and research to support evidence-based practice

• Maintain comprehensive clinical and consultation records

• Report clinical outcomes and service access data into the digital patient record system, ensure data is flowed into NHS Digital’s Mental Health Services Data Set (MHSDS) and provide quality assurance for the data submitted by team members that you line-manage

• Undertake risk assessment and risk management for CYP

• Supervise and support safeguarding cases held by team members that you line-manage, in line with relevant organisational safeguarding policies and procedures

• Support the screening process for CYP referred to the MHST and appropriate referral of cases both within the team and externally, as required

• Promote the mental and emotional health of children and young people in educational settings, through clinical interventions in the care pathway

• Monitor and track progress against access targets for your caseload and that of the team members you line-manage and develop plans to reach access targets

**•** Ensure adherence to organisational policies and procedures and that interventions are developed and delivered in accordance with NICE guidelines and clinical standards

• Coordinate and communicate service delivery with relevant stakeholders

**•** Undertake continued clinical professional development

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**PERSON SPECIFICATION**

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| **Element**  | **Description** | **Essential/desirable**  |
| **Qualifications** | Hold a current professional registration  | E |
| Post-graduate doctoral degree in clinical/counselling psychology/nursing/SW and/or relevant post-graduate qualification in CBT | D |
| **Experience** | Experience in managing a clinical multi-disciplinary mental health team and providing clinical supervision and case management  | E |
| Demonstrate substantive direct clinical experience (autonomously providing assessment, developing treatment plans and delivering a range of therapeutic interventions) with children and young people aged 5-18 with mental health difficulties | E |
| Experience of routine clinical outcome monitoring  | E |
| Experience of managing clinical risk assessment | E |
| Substantive experience providing clinical supervision to other mental health clinicians/practitioners  | E |
| Experience engaging a range of stakeholders (young people, families, mental health providers, schools, Local Authority staff etc.) | E |
| Experience of using Microsoft Office package | E |
| Experience using IAPTUS CYP data management system and reporting into NHS | D |
| Experience working in a multi-disciplinary mental health team | D |
| Experience working in educational settings | D |
| Experience supervising safeguarding cases | E |
| **Knowledge** | Familiarity with a range of evidence-based practice, including CBT and Systemic, both within clinical training and delivering interventions | E |
| Knowledge of systemic, cognitive and psychodynamic theories and when each is appropriate | E |
| Highly developed knowledge of child and adult safeguarding | E |
| Understanding of child development and psychosocial influences | D |
| **Skills/aptitude** | Excellent leadership, problem-solving and communication skills | E |
| Organisational skills and excellent time management | E |
| Alignment to BWW Mind’s values | E |
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**Post is subject to an enhanced DBS check**