

Wandsworth Hub

Based in Tooting High Street, we support people diagnosed with moderate to severe mental health needs access the right tools for recovery.

We offer a safe and supportive spaces where people can take part in activities or engage with services to improve their wellbeing, build confidence, resilience, skills, connections, and independence.

>100
Average contact hours
per person

758
Sessions delivered yearly

What we offer	Who's it for?
<ul style="list-style-type: none">• 1:1 support with an allocated worker to develop independence and manage health.• Therapeutic and educational groups.• Skills-based workshops.• Creative groups and day trips.	<ul style="list-style-type: none">• Referrals are made via Community Mental Health Teams, GP, and associated practices.• To self-refer, please download and complete this form.• Residents of Wandsworth.

All accepted referrals will receive in the form of groups, activities or some level of one to one support, and help with achieving goals and aspirations.

